2019 FALL ATHLETIC TRY- OUT SCHEDULE

Tryouts and practices for all fall sports begin on August 19th. Students must have fulfilled all medical requirements and registration in order to tryout for a fall sport. (See ollchs.org under Athletics) Any questions, please call the Athletic Office 463-0400 x1011. Please check the ollchs.org website for any revisions after August 1, 2019. Please note: **Only sneakers or plastic tip cleats are permitted on the turf field.**

FOOTBALL:

Start Date & Time: Monday, August 19th, 8 am- 3:30 pm for both J.V. and Varsity

Place: Our Lady of Lourdes Field

Notes: Please contact Head Football Coach Brian Walsh at (845) 416-8923 or paradox220@comcast.net if you are planning on playing football in the fall. Players should bring T-shirts, shorts, plastic tip football cleats, sneakers, double pairs of socks, lunch and water.

CROSS COUNTRY:

<u>Start Date & Time:</u> Monday, August 19th, 4:15 - 5:30 pm <u>Place</u>: Our Lady of Lourdes, meet in North parking lot

Notes: Email Mr. Slinskey @ runfast610@gmail.com if you intend to run Cross Country. Bring water and wear running sneakers, Students should be running throughout the summer.

BOYS SOCCER:

Start Date & Time: Monday, August 19th, 5:30-8:30 pm

Place: Our Lady of Lourdes Field

Notes: Bring water, a soccer ball, sunscreen, appropriate attire (sneakers, plastic tip cleats, shin guards)

GIRLS SOCCER:

Start Date & Time: Monday, August 19th, 3:30 – 6:00 pm

Place: Our Lady of Lourdes Field

Notes: Bring water, a soccer ball, sunscreen, appropriate attire (plastic tip cleats, shin guards, etc.) and

sneakers for running.

CHEERLEADING:

Start Date & Time: Monday, August 19th, 5:15-7:15 PM

Place: Our Lady of Lourdes AAC (Gym)

Notes: Bring water.

VOLLEYBALL:

Start Date & Time: Tryouts Monday, August 19th - Wednesday August 21st, Varsity 3:30-6pm, JV

5:30-7:30pm. practices begin on Thursday

Place: Our Lady of Lourdes (Gym)

Note: Players should bring sneakers and knee pads.

TENNIS:

Start Date & Time:: Monday, August 19th, 4:00-6:00 pm

Place: Cross Court Tennis Club

Subsequent days may be at different times (i.e. early am) depending on weather and court availability

Note: Bring racquet, water and sunscreen!

FIELD HOCKEY:

Start Date: Monday, August 19th, Times TBD

Place: Our Lady of Lourdes Field

Note: Bring sneakers, plastic tip cleats, field hockey stick, mouth & shin guards, goggles, light & dark

T-shirt & water!

GIRLS SWIMMING:

Start Date: Monday, August 19th

Place: TBD

Place/Time: TBD For additional info Email Coach Bubel at tjbubel@optonline.net